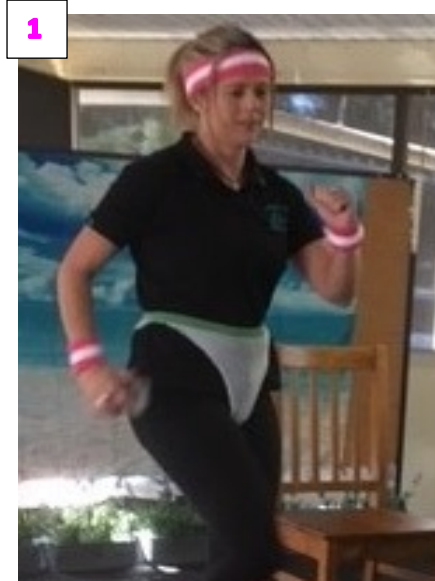


**From the General Manager**

Glasshouse Country Care will continue to work and listen to the needs of individuals, carers and family members. We aim to ensure our clients' can remain in their own home for as long as possible by addressing their needs in timely and innovative ways. You can access this newsletter and our Day Program timetable on our website link <https://www.ghcare.org.au/news/>

**Some of the activities that happen in our Social Support Day Program**



**1** Our fun loving exercise coach for our human movement group

**2** Our Country and Western theme day



**Senior Social Support Group Outings for September will be on Wednesday & Fridays.**

**HOY will be held on Tuesdays**

**Come and join our**



**Social Support Group**

Our social support programs are designed to enrich your days and stimulate your mind mixing with people of common interests. If you are 65 years old, enjoy meeting people and making new friends why not come and join us.

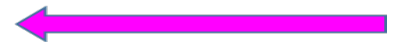
Our 5 day a week programs are held at our premises in Beerwah, and with our personalised approach to suit your needs means you can access a range of events and activities that are of interest to you. Some of these include:

- Weekly bus outings
- PICNICS
- Win Prizes
- Weekly HOY
- Theme Days
- Group activities & Games
- Entertainment
- Sing-a-longs
- Human movement
- Trivia & Word games

For more information please contact our friendly staff on PH: 07 5494 6948  
*Bookings are essential*



**SCOOTER FOR SALE (Red)**



**Heartway Aviator S8X Scooter**  
Weight Cap 185kg    Seat size 22"  
Length 1630mm  
Height 1390mm  
Width 800mm  
Turning radius 1160mm powerful 4-pole-motor  
Comes with a front and rear basket and canopy  
Still under manufacturer's warranty  
Fully registered to go on any pedestrian route  
Comes with original user's manual  
Purchased in March 2019 for \$9000  
**Selling for \$6000 firm**  
Please contact Leonie on 0427 506 665

**OUR IN-HOME SUPPORT SERVICES ARE:**

- Personal Care
- Domestic assistance
- Respite
- Social Support
- Meals

**OTHER SERVICES WE PROVIDE:**

- Maintenance & repairs
- Home modifications
- Transport
- Day Centre
- Nursing & Allied Health

## KINDY KIDS VISITING OUR DAY CENTRE



### Falls Prevention



If you are like 90% of Australian seniors, you want to remain living  
In the comfort of your own home.

One of the most common reasons seniors are admitted to hospital is due to falls, slips and injuries. Slips, trips and falls can happen to anyone, but they are more common and more significant as we get older, because we are more likely to injure ourselves.

While these may not always be avoidable, there are many minor changes that can help with elderly or those with a disability injury prevention. Adopting these will ultimately safeguard your health and maintain your independence, living from home.

Our maintenance team at Glasshouse Country Care can help with Home Modifications and general maintenance to help you remain safely at home. Just call the office to enquire.

### A HOME CARE PACKAGE WITH GLASSHOUSE COUNTRY CARE

Create your Home Care Package with Glasshouse Country Care to best support your needs and goals by working in partnership with us. Being partners is an important part of the process, and our dedicated Case Managers will help you to get the most out of the care and services available to you.

**Any enquiries please phone the office on 5494 6948**

**Glasshouse Country Care Website  
Information about all of our services  
<https://www.ghcare.org.au/>**