

Name: _____

Date: _____

SEPTEMBER



= Morning tea at GHCC

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Fish and Chips at The Spit Mooloolaba \$7.50	2	3 Pacific Paradise NORTH SHORE TAVERN \$7.50	4 Morning Tea and BBQ at Toorbul \$15
7 Start 10am. Finish 2pm. HOY \$10	8 THE PLANT SHACK DECEPTION BAY TAVERN \$7.50	9 <i>Café Morning Tea</i> <i>at Centre</i> Early finish Start 10am \$10	10 R U OK? Day Caloundra Library \$7.50	11 In Day Singing and Entertainment Start 10am \$10
14 Start 10am. Finish 2pm. HOY \$10	15 Bribie Island \$7.50	16	17 CLUB <i>Kawana</i> \$7.50	18 Club Mooloolaba Bowls Club \$7.50
21 Start 10am. Finish 2pm. HOY \$10	22 and Op Shops \$7.50	23 Pick up from 9.30 Start at 11am \$5	24 Start 10am. Finish 2pm. Bonus HOY \$10	25 Orchid Show Beerwah Hall Pineapple Patch for lunch \$7.50 + entry
28 Start 10am. Finish 2pm. HOY \$10	29 \$7.50	30 Adaptive Bodies Exercise & Balance Class 1.00pm-1.45pm PU from 11.45am \$3 Free for social group	Call 07 5494 6948 to book your spot	