

# GLASSHOUSE COUNTRY CARE News

JULY 2025

## Message from the GM

After a lot of preparation, we were all ready to go this month with the new Support at Home program. The rollout has now been delayed until November, and we are very grateful that the government has recognised that their systems weren't ready for the transition.

We will continue to work with our Home Care Package clients to prepare them for the upcoming changes and will reschedule information sessions for later in the year.

It's a bit early to talk about Christmas but please note the date for this year's client Christmas party - Tuesday 9 December. We hope to see many of you there, it's always a lot of fun.

Stay warm through this winter season and remember our meal delivery service if you'd like to stock your freezer with some delicious meals, soups and desserts.

Warmest regards,

*Clare*

## Support at Home Update

The Australian government has delayed the rollout of the new Support at Home program (replacing Home Care Packages) to November 2025. This gives us a little more time to provide our current Home Care Package clients with all the information and support they need to navigate this transition smoothly.

Our Care Managers will be working with their clients and their families in the lead up to the changeover to Support at Home. We will also be holding information sessions in September/October to give further opportunity for our Home Care Package clients and their families to get answers to any questions they may have.

We will also hold information sessions for our CHSP clients and families in the months after the transition.



Glasshouse Country are committed to supporting older people in the region to live independently in their own homes longer, and welcome new clients looking for a Home Care Package provider. We are also now open for many of our previously closed CHSP services.

If you need more help at home contact us on 07 5494 6948 or give My Aged Care a call on 1800 200 422.

*Your future. Your care. Your choice.*



# National Diabetes Week: 13-19 July

Diabetes is a serious, long-term condition that affects the entire body and requires careful management. High blood glucose levels over time can damage blood vessels and nerves, leading to complications such as heart disease, kidney failure, vision loss, foot problems, and mental health issues. Early diagnosis and effective self-management are crucial in reducing the risk of complications. Anyone can develop diabetes at any stage of life and while there is currently no cure, it can be effectively managed.

Type 1 diabetes symptoms often appear suddenly and can be life-threatening, while type 2 symptoms may go unnoticed for years.

If you are experiencing these symptoms, talk with your GP.

Note: This is general information and should not replace medical advice. Always consult a qualified healthcare professional for individual care.

## Symptoms of diabetes



Always thirsty



Always tired



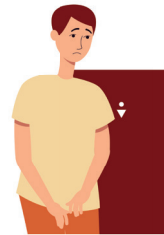
Blurry vision



Numbness or tingling in hands or feet



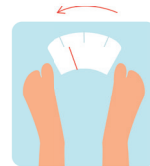
Wounds that won't heal



Frequent urination



Always hungry



Systemic weight loss

Save the  
Date



The Glasshouse Country  
Care Client Christmas Party  
will be held this year on  
Tuesday 9th of December.



# Fun, friendship and belonging

Social connection is important for everyone, including people living with disability. Our Dynamix group participate in a range of activities that promote social skills, confidence and independence, all while having fun too.

The safe, supportive and inclusive environment allows our Dynamix team to learn new skills and connect with others, guided by our caring, qualified staff.

If you'd like to learn more about our Dynamix program, call our office on 07 5494 6948.



VE Day celebrations in London on May 8, 1945.  
A truck of revellers passes through The Strand

## VE DAY IN DUNEDIN

By Margaret Sawers

I AM 94 years old, having lived through World War II as a child.

While I grew up in New Zealand, I now live in Mooloolah.

Having grown up with my older sister Isobel on our parents' sheep and cattle farm on the Taieri Plains in the South Island of New Zealand, I attended The Dunedin Technical College, where I practised playing the violin in the school's orchestra.

As the farm was situated about 20km from Dunedin, I needed to stay at my girlfriend's house closer to town when we attended out-of-school activities. During these times, there was no public transport available.

One Wednesday afternoon, we needed

to attend orchestra practice, so we walked to the Dunedin Town Hall from her house.

We noticed, and commented to each other, about how unusually quiet the streets were. It was like a ghost town and we could not understand why.

We attended our two-hour practice to prepare for a concert that evening and went to walk back to my friend's house.

The hall doors were opened and we ventured outside. To our surprise, the streets were now crowded with people.

There were thousands of people, all milling around, seemingly happy and excited in mood. The streets were so crowded that no vehicles could get through the streets.

We asked what was happening and were told that Victory in Europe had just been declared. This became known as VE Day, still an important date today.

At last the war in Europe was over, and everyone was ecstatic! People danced in the street and we happily joined in.

As teenagers, we knew that this would mean no more deaths at war. No longer would we need to scan newspapers to find the names of family members and local people who we knew, who had lost their lives fighting in the war.

As it turned out, the evening concert that we had planned for became an immediate success, with seemingly every person living on the plains attending to celebrate.

Everyone  
has a story

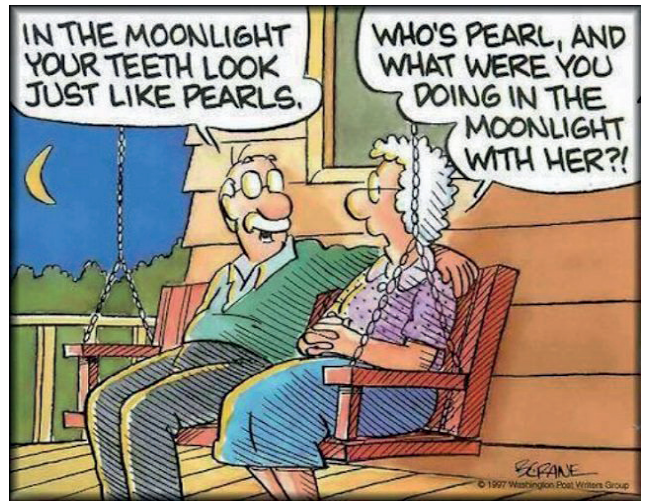
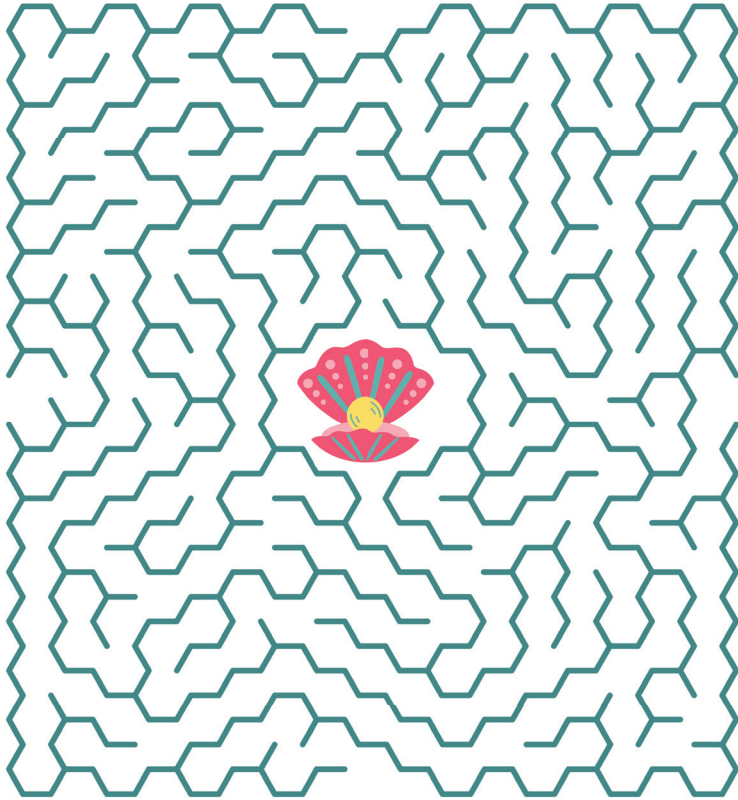


Our client Margaret Sawers wrote this account of VE Day in Dunedin for Your Time Sunshine Coast Magazine May 2025 edition.

# PUZZLE PAGE

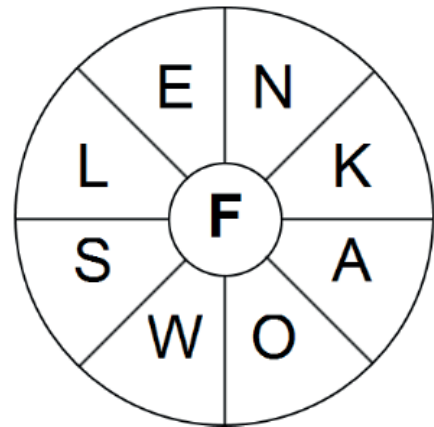
## GRAB THE PEARL

FIND YOUR WAY THROUGH THE MAZE TO GRAB THE PEARL FROM THE CLAM SHELL



## Word Wheel Puzzle

This Winter themed word wheel is made from a 9 letter Winter themed word. Make as many words as you can from these letters. You can only use each letter once, and each word must include the letter F.



## Sudoku

	7			2		8		
4								2
	6	8		5		7		
					1	6	8	
7	9					4		
							3	
	3	1	7					
			5					9
		5		8				3

3	2	1	9	8	4	5	2	6
6	9	2	3	1	5	7	4	8
8	4	5	2	6	7	1	3	9
5	3	6	7	9	2	4	8	1
1	2	4	5	3	8	9	6	7
7	8	9	1	4	6	2	5	3
4	1	7	6	5	3	8	9	2
2	5	3	8	7	9	6	1	4
9	6	8	4	2	1	3	7	5