

# Frozen Meals

SMALL \$6.00 funded \$8.50 full price  
LARGE \$8.00 funded \$12.00 full price

ROAST with vegetables		SM	LG
A1	Roast chicken		
A2	Roast beef		
A3	Roast pork		
PASTA		SM	LG
A13	Spaghetti bolognese		
A16	Mediterranean pasta (V)		
A18	Creamy pesto chicken pasta		
TRADITIONAL		SM	LG
A19	Meatballs in tomato sauce		
A20	Corned beef with mash & vegetables		
A21	Seasonal vegetable casserole (V)		
A23	Fish with lemon and dill sauce		
A24	Chicken casserole		
A27	Lamb shank with mint sauce & mash		

Client Name:

TAKEAWAY MEALS		SM	LG
A25	Falafel, rice and tomato relish (V)		
A26	Lemon chicken with fried rice		
PIES		QTY	
C1	Beef and onion pie		
C2	Chicken and mushroom pie		
C6	Creamy broccoli and cauliflower pie (V)		

# Salads

\$8.00 funded \$12.00 full price

SALADS (contain egg)		QTY
D1	Garden salad (V)	
D2	Garden salad – Roast chicken	
D3	Garden salad - Ham	
D5	Chicken waldorf salad	

# Soup

\$3.00 funded \$4.00 full price

SOUP		QTY
B1	Soup of the week with crusty bread roll	

# Sandwiches

\$5.50 funded \$7.50 full price

SANDWICHES		QTY
E2	Ham, cheese & tomato	
E4	Roast chicken, lettuce & mayo	
E6	Egg & lettuce (V)	
Circle one		White Wholemeal

# Desserts

\$3.00 funded \$4.50 full price

DESSERTS		QTY
F3	Apple and blackberry crumble cake with custard	
F5	Caramel cheesecake	
F7	Sticky date pudding with custard	

## Canapé Snack Box

\$3.00 funded    \$4.50 full price

		QTY	
S1	Carrot sticks, celery sticks, cheese, crackers & dip (V)		
	With kabana	Y	N



## Monthly Special

		SM	LG
SM1	Lasagne		

(V) Vegetarian

## Comments

---

---

---

---



Please be aware that all care is taken when catering for special requirements. Please be advised that our kitchen handles nuts, seafood, shellfish, sesame seeds, wheat flour, eggs, fungi and dairy products. Clients' requests will be catered for to the best of our ability, but the decision to consume a meal is the responsibility of the individual.

## How to order

Fill out this order form and give it to your Meals on Wheels driver or return it to us at the centre. You are also welcome to phone in your order to the office on 07 5494 6948.

## Delivery

Meals can be delivered every Monday, Wednesday and Friday (depending on area). If it is more convenient, your order can be picked up from our office.

Special arrangements are made for public holidays.

## Payment

You will be invoiced for your meals.

Accounts can be settled in person, by mail or over the phone. Invoices can be paid by cash, credit card or cheque.



GLASSHOUSE  
COUNTRY MEALS  
OUR KITCHEN TO YOURS

*Winter Menu*

 *June 2025*

**Name:**

**Delivery Date:**

**Ph: 07 5494 6948**

352 Peachester Road  
Beerwah Q 4519  
[www.ghcare.org.au](http://www.ghcare.org.au)