

## Frozen Meals

**SMALL** \$6.00 funded \$8.50 full price  
**LARGE** \$8.00 funded \$12.00 full price

<b>ROAST</b> with vegetables		<b>SM</b>	<b>LG</b>
A1	Roast chicken		
A2	Roast beef		
A3	Roast pork		
<b>PASTA</b>		<b>SM</b>	<b>LG</b>
A16	Vegetable primavera pasta bake		
A18	Beef lasagne		
A19	Chicken & broccoli carbonara		
<b>TRADITIONAL</b>		<b>SM</b>	<b>LG</b>
A21	Chunky chicken, mushroom & leek casserole		
A22	Lamb rissoles with roast potatoes		
A23	Devilled sausages with mash		
A24	Crumbed steak with mash		
A25	Crumbed fish with parsley sauce		
A27	Lamb shank with mint sauce & mash		

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<b>TAKEAWAY MEALS</b>		<b>SM</b>	<b>LG</b>
A26	Butter chicken with rice		
A28	Sweet & sour chicken with fried rice		
<b>PIES</b>		<b>QTY</b>	
C1	Steak & kidney pie, mash & peas		
C2	Chicken & asparagus pie with mini roasties		

## Salads

\$8.00 funded \$12.00 full price

<b>SALADS</b> (contain egg)		<b>QTY</b>
D1	Garden salad	
D2	Garden salad - Chicken	
D3	Garden salad - Ham	
D4	Chicken Caesar salad	
D6	Asian chicken salad with noodles & sesame dressing	

## Soup

\$3.00 funded \$4.00 full price

<b>SOUP</b>		<b>QTY</b>
B1	Soup of the week with crusty bread roll	

## Sandwiches

\$5.50 funded \$7.50 full price

<b>SANDWICHES</b>		<b>QTY</b>
E2	Ham, cheese & tomato	
E3	Turkey & cranberry	
E6	Egg & lettuce	
<b>Circle one</b>	White	Wholemeal

## Desserts

\$3.00 funded \$4.50 full price

<b>DESSERTS</b>		<b>QTY</b>
F3	Raspberry cheesecake	
F5	Apple crumble with custard	
F7	Sticky date pudding with custard	

## Canapé Snack Box

\$3.00 funded \$4.50 full price

		QTY
S1	Carrot sticks, celery sticks, cheese, crackers & dip	

## ★ Monthly Special ★

Frozen Meal		QTY
ZM1	Lamb & rosemary pie	

### Comments

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## How to order

Orders are taken one week in advance.

Fill out this order form and give it to your Meals on Wheels driver or return it to us at the centre. You are also welcome to phone in your order to the office on 07 5494 6948.

## Delivery

Meals can be delivered every Monday, Wednesday and Friday (depending on area).

If it is more convenient, your order can be picked up from our office.

Special arrangements are made for public holidays.

## Payment

You will be invoiced for your meals.

Accounts can be settled in person, by mail or over the phone. Invoices can be paid by cash, credit card or cheque.



GLASSHOUSE  
COUNTRY MEALS  
OUR KITCHEN TO YOURS



Name:

Delivery Date:

**Ph: 07 5494 6948**

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